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## Legislators Need to Hear From You

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## How to Get Involved

### Get to Know Your Legislators

**BEFORE SESSION** invite them to coffee or to visit your clinic. Legislators are more likely to be responsive to individuals they know once session starts.

**DURING SESSION** subscribe to legislators' newsletters to learn what they're working on and attend in-district legislative forums. Details will be listed in their newsletters.

Attend **PHYSICIAN DAY ON THE HILL** on **FEB. 6 2024**. This IMS organized event is a great opportunity to speak with your legislators at the Capitol and have IMS staff available to help with conversations.

## Advocacy Tools

**IMPAC:** Join the Iowa Medical Political Action Committee to help drive the political discussion around health policies.

**IMS ADVOCATE:** Sign up for our electronic newsletter distributed weekly while the legislature is in session. This resource contains legislative and policy updates.

**IMS ADVOCACY TEAM:** Directs the state and federal legislative and lobbying efforts of the Iowa Medical Society.  
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## Speaking With Legislators:

### BE CONCISE

During session, legislators have busy schedules; short messages are most effective.

### USE A BILL NUMBER WHEN POSSIBLE

This ensures there is no confusion regarding which issue you're talking about.

### HAVE A SPECIFIC REQUEST

Let your legislators know exactly what you want them to do.

### USE PERSONAL STORIES WHEN POSSIBLE

Stories help to illustrate your background with an issue and personalize policy proposals.

### DON'T BE INTIMIDATED

Remember that your legislators work for you. They welcome input from their constituents.

## Not sure who your elected officials are?

Find out at the Iowa General Assembly website, [www.legis.iowa.gov/legislator/find](http://www.legis.iowa.gov/legislator/find).

The Iowa Medical Society (IMS) is a statewide professional association representing more than 6,000 Iowa physicians, residents and medical students. Today, IMS exists to assure the highest quality health care in Iowa through our role as physician and patient advocate.